

February 2016

Latest News From St Joseph's Roman Catholic High School

# ASPIRE HIGH



**MERCY BUS  
VISITS BOLTON**



**Book  
Club**

Aspire not to have more, but to be more...



# WELCOME

Dear Parents and Carers,

As we begin Lent together, our school community will join the worldwide Catholic community in prayer, fasting and charitable works. Pupils will be involved in fundraising events with their forms between now and the Easter Break. Last Year pupils and staff together raised £4000 to support the work of Caritas within the Salford Diocese and The Good Shepherd in the Diocese of Liverpool. Form Patron Assemblies will take place over the next few days in 'Houses' to launch St Joseph's Penny and will be taken by a member of the SLT.

As always, Stations of the Cross will take place in the Chapel each week, and we will very much focus on the Year of Mercy theme throughout our Lenten journey this year – in addition pupils will be able to participate in our 'prayer labyrinth' – further details will come from Hannah our Lay Chaplain along with information regarding the Diocesan 'Mercy Bus' and its arrival here at school. Every RE class will also take part in a service of Reconciliation in the school chapel during RE time and staff prayer will continue at 8.25am on a Friday morning.

We of course wish our Year 11 pupils the best of luck and every blessing as they continue their revision as GCSE exams move ever closer, and encourage our Year 9 pupils to spend time with their families discussing up-and-coming Option Choices.

Thank you to those who attended our recent e-safety evening for parents and carers and thanks as always for the continued support you offer to the St Joseph's community.

Yours Sincerely,

**Mr. R Woods**  
Headteacher



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## National Number Day

Friday 5th February was National Number Day. We teamed up with the NSPCC to raise awareness of number throughout the day with Year 7 pupils.

Pupils and staff baked number cakes to sell for the charity. There was also a treasure hunt and various activities during classes.

The day was a great success and thank you to all those who took part. All your efforts are greatly appreciated and overall we managed to raise £73.70 for the NSPCC.



## Cakes and Classics

Cakes and Classics met up at lunchtime on the 4th Feb to discuss the novel *Wuthering Heights*. Thank you to everyone who came and we hope you enjoyed the book.

Next book *The Great Gatsby*. More details to follow ...

## Mercy Bus in Bolton

The 'MERCY BUS' visited Bolton's Victoria Square on 13th February.

The bus arrived at 10.30am and all passerby's were invited to 'come aboard' to receive a Blessing for their life or to go to confession.

It was lovely to see so many familiar faces, staff and pupils.



## CROSS COUNTRY CHAMPIONSHIPS

Well done to the three pupils who took part in the Greater Manchester Cross Country Championships for Bolton town schools. Thank you to Gill Greenhalgh for sending in these great photos! Gill described it as 'so muddy. It was like Glastonbury but without the music'.





## Science Club

Last week during science club we our topic was clean water and recycling water. We discussed the challenges the Tim Peake faces on the International Space Station (ISS) when it comes to getting clean water. We looked at how the water supply is limited and how ALL water, including that from the toilets, must be recycled on the ISS.

The challenge was to take a beaker of dirty water, from our school pond, and make a filter system which would clean the water. The boys were the triumphant team. They managed to have not only the cleanest water, based on colour but also the greatest quantity of water.

Well Done Boys!



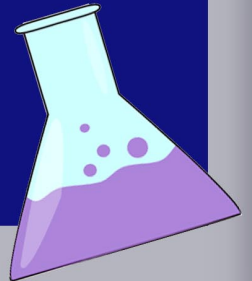
## Science Club

This week our topic was writing. We made our own invisible ink from lemon juice. We all wrote secret messages or pictures and then used lamps to cause a chemical reaction which revealed our secret messages. You can try this at home for yourselves, just make sure you get permission first.

We also did some fire writing. We used a special chemical and drew pictures on sugar paper. Once the chemical had dried, it was lit and only the chemical part of the paper burned, leaving the rest intact.

Just like a bit of Harry Potter Magic!

(Do not try this at home.)



## Year 11 Silent Revision

Year 11 Silent Revision will start Monday 22nd February  
LRC at 8:15 -8:45

Use your time wisely!

See Mrs L Anderton for more details.

## Volunteers needed for LRC

Volunteers are needed to help in the Learning Resource Centre.

Would you be willing to spend some time at dinner helping to improve the school library?

Initially it would involve helping to decide which books are no longer needed and which should be kept.

In the long-term it would mean taking on a role as a school librarian to help other students find and borrow books.

Any year group can volunteer – but Years 10 and 11 may see it as a good opportunity to gain experience helpful for college and university applications.





## Book Quiz

The year 7 & 8 Book Quiz will take place on 15th March at Ladybridge High School starting at 6.30pm. The event will last about an hour so parents are encouraged to stay and watch.

If you have any queries please contact Mrs Badley.



## School Ties

To parents' of upper school pupils - if you have any school ties at home which are no longer needed and gathering dust, we would be ever so grateful if you would kindly donate them to school. Please send any ties into school for the attention of Miss Dougan.

Thank you.

## PE Extra Curricular Activities

### Gymnastics

Gymnastics is held every Thursday lunch with Mrs O'Hare. There will be a gymnastic competition within Bolton later this year so if you would like to compete you will need to attend every Thursday.

### Cheer-leading

Cheer-leading is held every Thursday evening in the main school hall from 3.30pm.

### Dance

Dance is held every Friday lunchtime from 12.40-1.10. Our dancers will often be part of school shows so if you would like to take part you must attend every Friday.



## Girls Football

On Wednesday 13th January we saw the start of the Bolton Schools Girl's Football League where we had our opening fixture against Mount St Joseph. We have two age groups in each fixture - Year 7/8 combined and Year 9/10/11 combined. Please see results below!  
Year 7/8: St Joseph's 14 - 2 Mount St Joseph  
Team: Erin Darwen, Eve Gaskell, Emma Hardman, Rubie Hoofe, Emma Manley, Paige May, Melissa Walker.  
Year 9/10/11: St Joseph's 4 - 3 Mount St Joseph

Team: Alex Cousins, Rebecca Eccles, Theresa Igweike, Isabella Keating, Olivia Walmsley, Taryn Watters, Ruby Williams.





# REVISION

At some point in our lives, every single one of us has to revise for some sort of test. Whether that be a GCSE exam, an A-Level exam, exams for University or your Driving Theory test, each of them require you to undertake some private study to help you gain the best marks and pass!

Don't feel bad if you struggle to revise – revision isn't a set programme. It doesn't mean that you have to open all your books and read all the notes – that in itself as a single revision task isn't very good as you lose interest – if you are enjoying revision you are more likely to remember it – making games or tailoring it into a quiz with friends may help you!

Revision isn't just testing your memory – the purpose of the examination is to test your understanding of the subject that you are sitting – as well as your ability to store and retrieve information.

## Revision – Where do I begin?

- Think carefully about the topics you choose for revision.
- This should be done in close conjunction with the course outline and any past exam papers.
- You might choose to strengthen your strongest topics.
- You might do the opposite - bringing your weak topics up to scratch.
- Don't try learning new topics just before the exam, unless it's necessary – plan ahead!



**KEEP  
CALM  
AND  
REVISE**

## Coursework Notes

Read through your coursework or lesson notes. This should give you a comprehensive overview of the course, plus its important topics and themes.

If any notes are missing, borrow some from a fellow student and copy them out. You should not

Copy any coursework though – this is known as Plagiarism and can result in disqualification. Avoid leaving gaps in your knowledge.

## Essays

Read through your coursework essays. This is a particularly good form of revision.

This is the work you probably know best, since you spent most time working on it.

You will be building on an existing body of knowledge and experience.

## Tutor Comments

Look closely at any tutor comments on the essays.

Make sure that you understand any of the comments and their relevance to the subject.

These notes are the best-informed response you will have to the work you have produced.

If there are any comments which crop up regularly, this is a sure sign that you need to take action.



# 1994 Ice Skating

ALUMNI



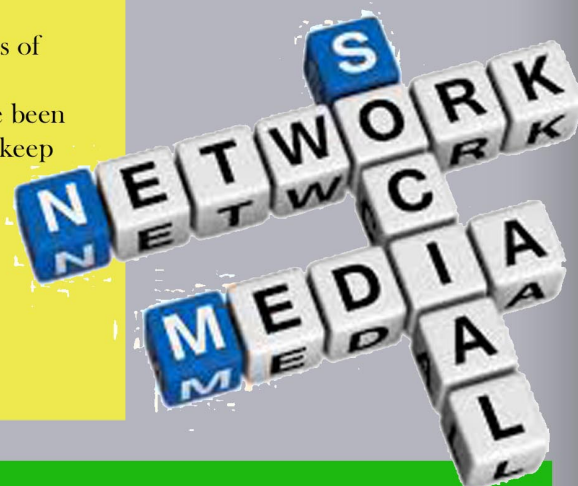


# INTERNET SAFETY

On Tuesday 9th February, St Joseph's held an Internet Safety Information Evening for parent's and pupils. The aim of the session was to advise parents of how to keep children safe using the internet and ever changing social media websites and apps. We covered the law and also how children can and have been exploited online and how parents can monitor social media use and how to keep children safe.

You can find useful documents and tips on our website under 'Parent Information' - 'Internet Safety'.

Here are some quick hints and tips to get you started.



## Privacy Settings

These settings give the user the ability to control who they share particular content with, for example making a photo you post visible to Friends only or to the Public. Encourage children and young people to use the privacy tools available on the social networking site to protect their personal information and to keep their passwords private (even from their friends).

Most social networking sites give safety advice and information on their safety tools. For example see [www.facebook.com/safety](http://www.facebook.com/safety) for more in-depth information on Facebook privacy settings.



## Online Friendships

Remind them to only add people they know and trust in the off line world to their contact lists on social networking sites.



## Geolocation

Young people must be aware of who they are sharing their location with. If they are accessing a social networking site via a smartphone or mobile device, they might be disclosing their location without realising it. Location services can be turned on or off within the settings of a device.



## Think Before You Post

Emphasise the importance of thinking before you post something online. This can include writing a comment or sharing a picture. Discuss with them what is and isn't OK to say in a post and remind them that sometimes messages online can be misunderstood. What may start out as a harmless joke for one person, can be extremely hurtful for another individual and once something is posted online it is potentially there forever. If you are not sure, or if you wouldn't be happy for your Head Teacher to see it, it's probably best not to post it. Your online reputation can also be affected by other behaviour, such as groups you join or clicking 'likes'.



## Logging Out

Once you have finished using a social networking site, it is important to log out. Specifically when using a public or shared computer and also on mobile devices. Make sure you have activated a PIN on your mobile device, as a mislaid device can mean that others can access your social networking profile.





## February

10th- Ash Wednesday

10th- 12th- Year 9 Savio House Retreat

14th- 20th- Half Term Break

26th- Year 9 Reports Home

## March

2nd- Year 9 Parents Evening 1

3rd- World Book Day

4th- Year 10 Respect Day

7th- Year 10 Interim Reports Home

8th- Year 9 Parents Evening 2

17th- Year 10 Parents Evening

21st- Year 11 Full Reports Home

23rd- Easter Break Begins

## April

6th- YR7,8 Interim Reports Home

8th- YR8 Respect Day

13th- YR8 Girls HPV Injections

22nd- YR11 Interim Reports Home

## May

2nd- Bank Holiday

16th-20th- YR10 Savio House Retreat

18th- Dear Day - Drop everything & read

27th- YR10 Full Reports Home

27th- Break up for Half Term

## June

6th- Return from Half Term break

3rd-10th- Jesolo Trip

6th- 10th- Year 8 Exams

13th-17th- Year 7 Exams

22nd Year 8 retreat day

27th-30th- Year 10 Work Experience

