



## CURRICULUM ENRICHMENT DAY 16<sup>TH</sup> DECEMBER 2021

### Overview of workshops

#### Year 7

Workshop	Outcomes
Hygiene & puberty	Identify the different factors which contribute towards someone having excellent personal hygiene. Describe what could happen to our health if we don't look after our personal hygiene, in both the short term and the long term. Explain why having poor personal hygiene can have a major effect on our health and also our social lives. Identify the changes both males and females experience during puberty. Describe the importance of these changes and why they happen. Explain the meaning of new key scientific terms related to puberty.
Online Safety	Understand how to be safe online. Know what you should do if you feel unsure about a situation and where to get help from
Unifrog	Students will have identified the different things one might consider when deciding on a career. They will feel confident navigating the Careers library and will understand why this will be useful in future.
Friendship	Understand what makes a good friend Know how to react in certain situations
Road Safety	Be able to identify hazards on the road and while walking Understand why road safety is important



## Year 8

### CAREERS BASED PROJECT

The TYRE CHALLENGE careers/enterprise day is designed to help students to work collaboratively on a group project.

Workshop	Outcomes
The problem Blue sky thinking	Develop a number of key skills relating to careers and enterprise Develop their literacy and creative skills
Creating a Team The challengw	Develop teamwork skills Develop leadership skills
Branding Social Impact Finances	Promotion of the product. Understanding of why waste and recycling is important Helping pupils to see how school subjects such as maths, links to work and the real world
Develop a Presentation	Develop confidence in presenting their ideas to others
Class presentations Voting	Develop communication skills.

## Year 9

Workshop	Outcomes
Online safety	<p>Defined what online reputation is</p> <p>Examine which social networks you use and how you create a digital footprint</p> <p>Identify ways in which you can create a positive or a negative online reputation</p> <p>Understand the need for online safety</p>
Mental Health	<p>Correctly identify mental health illnesses and their symptoms</p> <p>Describe possible ways for us to retain good mental health and how we can recognise depression</p> <p>Explain how you could apply ideas you have learned about retaining good mental health to your own life</p>
Smoking and vaping	<p>Identify and categorise the different health problems caused by smoking tobacco and cannabis and describe problems caused by nicotine.</p> <p>Describe the different health problems caused by smoking tobacco and cannabis and the link between addiction, nicotine and dopamine.</p> <p>Explain why the NHS have endorsed vaping as a stop smoking aid and whether or not this makes vaping a safe long term activity using new terminology.</p>
How to revise	<p>Understand ways to increase our memory.</p> <p>Know some revision techniques that can be tried for the next set of exams.</p>
First Aid	<p>Be able to carry out a primary survey.</p> <p>Can place an unresponsive casualty, who is breathing normally, into the recovery position.</p> <p>Know when and how to deliver CPR to an unresponsive casualty who is not breathing normally.</p>

## Year 10

Workshop	Outcomes
Consent & pregnancy	Understand what consent actually means What the Catholic Church teaches about love, marriage and consent Understand the importance of bringing new life into the world and the sanctity of doing so within a relationship such as marriage. Recognise that you become responsible for another human life and are key to the development and nurture of this child.
Budgeting & future money	Discuss real examples of financial technology and how it is changing the way we manage money Identify the benefits and risks involved in allowing technology to make financial decisions on our behalf Have a better understanding of how to keep your financial information safe
Sexual health	Outline what is meant by consent and safe sex. Explain what STIs are, how they are transmitted and what the risks are. Reflect on sexual health in relation to the Catholic teachings on sex and relationships.
CV skills	Create a CV that will can be used for Work Experience, Mock Interviews (in year 11) and future jobs.
Smoking & vaping	Describe the reasons why some people smoke or vape Understand the harm smoking does to your health Know who to ask for advice and where to look for guidance on resisting pressure to smoke, including the NHS resources Use different strategies to resist pressure to smoke



## Year 11

Workshop	Outcomes
Drugs and the Law	<p>Identify correctly the penalties and fines for Class A, B and C drugs in the UK.</p> <p>Describe our opinions on current UK law after studying source evidence and government legislation. Describe the short and long term risks of illegal drug use.</p> <p>Explain any issues faced by current UK legislation in relation to medical evidence as well as the legal and health risks posed by illegal drug use in the UK.</p>
Mental health	<p>Describe different ways we can help ourselves and others to improve our moods in a healthy way when we feel a little low.</p> <p>Explain how certain activities can help to improve our moods and make us feel more positive as well as why these tips work.</p> <p>Analyse the short and long term benefits of the different healthy ways we can improve our own and other people's moods</p>
Bank accounts & future money	<p>Discuss how to choose a current account</p> <p>Discuss the use of credit cards</p>
Resilience	<p>To identify some of the personal barriers in overcoming common challenging situations</p> <p>To explore how to improve confidence and self-esteem</p>
Online safety (external speaker GMP)	GMP will talk to students about online safety and their digital footprint.

