**PSHE Mapping**

At St. Joseph’s we believe that our students have a right to the highest quality personal, social and health education (PSHE), in order to help them begin to develop the knowledge, skills and understanding they need to lead confident, independent and healthy lives and to participate as informed active and responsible citizens.

PSHE is a non-statutory subject. PSHE at St Joseph’s is a fluid curriculum, designed to meet the current and emerging needs of our school context. This is informed by SLT analysis of CPOMS and being aware of issues relevant to the young people in our school community.

The ‘core themes’ from the PSHE Association’s Programme of Study underpin the curriculum which is delivered through high quality and flexible workshop style sessions on three Curriculum Enrichment Days each academic year. The exact content of, and order in which these are delivered is flexible from year to year so that the content and style of sessions can be tailored to meet pupils’ needs.

Sessions on Curriculum Enrichment Days are primarily delivered by teaching staff but some will also be led by external speakers. Other themes from the PSHE Programme of Study may also form part of the RSE and Citizenship Curriculum which are separately mapped. Some elements will also be covered in other areas of school life, for example in Assemblies, and by Subject Departments, for example, contraception and attitudes to homosexuality both form part of the GCSE RE Curriculum. Pupils may express links to PSHE as ‘Links4Life.’

The objectives of PSHE are as followed:

* To encourage the development of personal skills: Communication, Negotiation, Decision making, Problem solving, and Assertiveness in line with Enterprise Education and Work-related Learning.
* To develop pupils’ own confidence and self-esteem.
* To recognise, respect and accept the differences of others as well as accepting their own.
* To regularly monitor and review the PSHE programme to meet the needs of all our pupils.

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| General Area | Core Themes | Careers Links |
| KS3 | **Health and Wellbeing**Hygiene and PubertyRoad SafetySun SafetyWater SafetyMental Health, including Stress and DepressionSmoking and VapingFirst Aid |  |
| **Relationships**FriendshipsRacismHomophobia |
| **Living in the Wider World**Online SafetyFinancePresentation SkillsKnife CrimeMy RightsCareers Links:* Year 7 December Enrichment Day – Intro to Unifrog
* Year 8 February Enrichment Day – Tyre Challenge
* Year 9 Life Long Learning Day – Willmot and Dixon Construction workshop
* Mini careers fair
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| KS4 | **Health and Wellbeing**Smoking and VapingSexual Health/STIsMental Health, including Social Anxiety and MoodFirst AidDrugs and the LawHealth and Safety at Work |  |
| **Relationships**ConsentPregnancyGamblingDomestic Abuse and Healthy Relationships |
| **Living in the Wider World**BudgetingEmployment LawOnline SafetyStudent LoansCareers Links:* Year 10 Assembly/form time activities – ‘work ready’ pre WEX
* Year 11 Tradewind CV workshop
* Year 11 Mock interviews
* Careers fair
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